

# Fermented Foods Around the World

CALS Wellness and the Dietetics and  
Nutrition Club Present: Nutrition-  
Themed Lunch and Learns for Faculty,  
Staff, Students

**Time: 4 PM – 5 PM**

**Friday, November 16<sup>th</sup>**

**Location: Center for Cultural  
Enrichment**

**Witte Hall Room 125**

Join us to learn more about a variety of  
international fermented foods! We will share  
recipes, health benefits, and uses for a variety of  
fermented foods at this Lunch 'n Learn!  
We will also have kimchi for you to try!

