

Dorm Cooking & Meal Prep!

CALS Wellness and the Dietetics and Nutrition Club Present:
Nutrition-Themed Lunch and Learns for Faculty, Staff, and Students



12-1pm
Tuesday, March 6th
227 Nutritional Sciences
(Snack and demo included!)



Come join us to talk about meal prepping and simple cooking for yourself in college or during a busy week of work, then enjoy making a tasty snack through a cooking demo in this Lunch 'n Learn!



College of
Agricultural & Life Sciences
UNIVERSITY OF WISCONSIN - MADISON



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Dietetics & Nutrition Club