

**CALS Wellness and the Dietetics and Nutrition Club Present:
Nutrition-themed Lunch and Learns for Faculty, Staff and Students**



Winter Nutrition

12-1pm

Thursday, December 7th

227 Nutritional Sciences

(Snack included!)



During the winter time it can be easy to forget about the required vitamins and minerals. We will be discussing ways to maintain the recommended amount when exposure to sun and other sources might be limited.



College of
Agricultural & Life Sciences
UNIVERSITY OF WISCONSIN - MADISON



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Dietetics & Nutrition Club